

The Best Relationship Advice You Will Ever Find

# How To Be A 30% Man

*Winning  
the Heart  
of the Woman  
of Your Dreams*



**COREY  
WAYNE**

# **HOW TO BE A 3% MAN**

*Winning the Heart of the Woman of Your Dreams*

**By Corey Wayne**

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## **HONOR**

*This book is dedicated to the American soldier. No matter whether the cause is popular or not, I am in awe of the fact that when their country calls them, they go, and they go willingly. They take our place on the battlefield, risking everything they have, because it is part of who they are. They all are my heroes and I owe all of my success, happiness, and opportunities to past, present, and future generations of their kind. May god keep them safe and speed the day to us when their sacrifice is no longer required because humanity has learned that the real enemy is hatred itself and the way to real happiness is unconditional love. Until that day comes I take great pride and comfort in knowing they will continue to stand up and show us what real honor and integrity is. I dedicate my life to helping bring humanity closer together, and always giving my gifts to the world in hopes that I may honor all of their collective sacrifices so they are not in vain.*

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For all the women in my life who have helped me become the man I am today: *I am grateful*. Jodi Barley, I love you dearly and will always cherish our friendship. Thank you for being the first one I got to experience true love with. Ainslie Rayne, you are my little princess and I love you with all my heart. You are growing up so fast and I treasure every moment we spend together. Last but not least Katie Chimes. Together we had an amazing, loving, and effortless relationship. The kind I always believed was possible and got to experience for the first time with you. I treasure our friendship and will love you always.

I would also like to express my gratitude to you, the reader. You are embarking on a journey that will change the world. By becoming the loving person you are inside and being comfortable with that person, you unconsciously give permission to all others to do the same. Your children will grow up in a household where they get to see

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first hand what a truly unconditional, loving relationship is like. Therefore they will go out into the world and model your success. This will continue to impact society for generations to come and start reducing the amount of dysfunctional relationships that exist today.

The benefits will be too far reaching to imagine. The surface benefits will be happier kids, aunts, uncles, grandparents, parents, teachers, workers, etc., which will translate into less crime, less hate, more understanding, and a world that continues to come closer and closer together in love until one day hatred becomes a thing of the past. The light always scatters the darkness. The higher energy of love always replaces the lower energies of hate and resentment.

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# PART I: IN THE BEGINNING

## Introduction

The beginning. That is the place where men need to get back to in order to make the changes needed to win the heart of the woman of their dreams. It is a time to go back and decide what you really want, who you really are, and what you plan to do with the wealth of information that I will be teaching you throughout this book.

As the story goes, in the beginning there was only one man, Adam, and there was one special lady, Eve, created just for him. Life would be so much simpler if that were the case for us today. No muss and fuss of dating, no worry that our lady is going to walk out the door and into the arms of another man – there was no other man.

Here is the greatest thing about this book. While you may not be able to “create” that one special lady just for you, I am going to teach you what to look for in a woman, and how to find and attract the woman that you ideally want. When you finally do meet her, I am going to teach you how to approach her. You will learn what to say, and especially what *not* to say to turn her off. Basically, what I will be teaching you is the art of being a 3% man.

The next obvious question is: *Okay, what is a 3% man?* This is a very important concept in what you will be learning over the course of this book. I am not trying to tell you to be only 3% man and open the rest of your masculinity to explore your feminine side. The 3% man is one of those 3 men out of 100 that a woman meets and is drawn to

because he is one of those 3 men out of every 100 that understands who she is and better yet, understands who *he* is.

Why does being in this 3% matter? Simply, it matters because that is the man that women are drawn to. One of the most important things to understand when you meet a woman is that women love mystery. They love a guy that is a challenge. They love a guy that is confident. They want a man that is centered, one that is in control of himself, has his purpose, and knows where he is going. A woman wants a man she can't have her way with, and no matter what she says or does, she is not going to be able to sway him from his path or from his purpose in life.

Be honest, gentlemen, if you did not care at all, you would not have picked up this book. Obviously, something is not working with what you are already doing. Women love men that understand them. If you ask most guys if they understand women, they look at you like you are speaking a foreign language. Most guys are clueless in that department.

What this book will do for you is to give you more than just a clue. It will give you a whole new insight into understanding women. I will take you through the process of understanding, step-by-simple-step. This book was designed to give you the answers to the questions you have about women in dating, in relationships, and in general. This book will help to lift the cloudy haze that surrounds the mysteries of the dating world and understanding women, and will give you clear insight to your goals.

I will explain why women fall for the jerks and blow off the nice guys. You will learn to understand the meaning of everything she says to you. I will take you from the initial moment of meeting your dream

lady to the day you walk down the aisle to get married and live happily ever after. The best is yet to come. I will also teach you, once you land Mrs. Right, how to keep her madly in love with you so that you *do* live happily ever after.

In this book, you will learn things that many women do not even understand about themselves. Why do women say they want one thing and then respond to another? Most important of all, I will teach you how to win the heart of the beautiful woman of your dreams. That is not a misprint. If you allow yourself to take my guidance and are willing to learn, I will give you the skills and tools to help you finally understand women and have the relationship of your dreams.

What you will learn from me is what only 3 out of every 100 men know, and that is how to understand women. Once you understand and apply the principles in this book to your dating and relationships, you will be in the top 3% of men out there. You can be confident that you will have little or no competition when you finally target the woman of your desires.

You do not have to look like Brad Pitt to own the heart of a beautiful woman. If you are single, there is an amazingly beautiful woman out there, desperate to meet the man you really are on the inside. I will teach you how to become balanced, centered, and confident with women, and to no longer be intimidated by them, even the beautiful ones.

Some of the things I will teach you in order to become successful with women may seem the opposite of what you think you should do. If you want to meet and own the heart of the woman of your dreams, or get your wife to fall back in love with you, then this book in your hands is the key to that kingdom. These principles apply to women

everywhere in the world, and they cut across all geographic and cultural guidelines.

It starts before you ever even meet a woman that you want to date. You first need to learn how to attract the right woman into your life. Once you meet her, you have to know what to say, what not to say, and how to get her information so you can later call and take her out on a date.

Then comes the next step – how long after you get her information should you wait to call? Do you call her the next day? Do you wait a week? Do you call her in two days? What do you do?

From the time you meet your lady to the point where you've been together for ten years or more, you are always going to be gauging what her level of interest is in you, and what her emotional interest is in you. The simple principle that all this is based upon is that when women have a high level of interest in you, they help you. In other words, if you just met a woman and you want to ask her out on a date, she is going to help you get to her front door. She will make it easy for you.

The lower her level of interest is, the harder it is going to be to get to her front door, if at all. So throughout this process of going back to the beginning and re-learning how to approach women, you will be learning what to say, how to say it, and you will know how to respond to her questions and her tests. Make no mistake – all women test. They test because they want to know what it is that you are made of. They want to know that if they push you or lean on you, that you are not going to fall over and cave in to what they want.

## **Why This Book Was Written**

Let me ask you a few questions and see whether or not they hit close to home for you:

- Are you one of those guys that has said more than once: *Why is it that the women I want never want me, and the ones I don't want are crazy about me?*
- Have you met a beautiful woman that you just **knew** was your soulmate and she would never give you your first date or go out with you on a second date?
- Have you ever asked a woman why she would not go out with you and she never gives you what seems to be a straight answer?
- Have you ever felt that a woman really liked you and she even gave you her phone number, but then would never go out with you?
- Do you feel like women have been giving you the run around?
- Have you ever had a girlfriend say to you: *Can we just be friends?*
- Has she ever said she just wanted to be friends after telling you a few weeks before that she loved you?
- Are you in a relationship that is not going well and you have no clue how to turn it around?
- Has your wife or girlfriend of how ever many years stopped being the feminine woman you fell in love with?
- Has your wife or girlfriend ever uttered those fateful words: *You **never** listen to me?*

- Has your wife left you and you are still trying to figure out what the hell happened?
- Has a woman ever said things to you that just do not make sense?
- Has your girlfriend or wife ever said it was okay for you to do something and then you did it and she was pissed off?
- Are you totally confused about women and feel as though you do not have a clue how to understand them?
- Have you ever had a woman break a date and tell you she really wanted to see you, but you could never seem to coordinate that date to go out with her?
- Have you ever made a date with a lady and she told you to call before you came to pick her up, and then could never get her to pick up her phone again?
- Do you feel like women in general do not make any sense, that they say one thing and do another, or make you feel as though they like you and then never will go out with you?
- Do you feel like nothing you do seems to make your lady happy even when you do what she says she wants?
- After all your years of dating do you feel like you still have never been able to get the type of lady you know in your heart you really want and deserve?
- Are you a really nice guy that always gets dumped for the bad boy by your ladies?
- Have you ever seen a drop dead gorgeous woman with a man that is...well let's say **challenged** in the looks department and wondered to yourself: *How did he do that?*

This book is for those guys that have met a woman and could not ever seem to get to her front porch. It is for those guys that have maybe met a woman, went out on a first date and thought everything was great, but then cannot seem to ever get her on the phone again. It is for those guys who have met a woman they *thought* seemed really interested and she gave them a phone number, but then they cannot seem to get her on the phone, or she is always busy. It is for those guys that may have been dating a woman for a while and were spending a lot of time together, but then all of the sudden she started cutting the dates short, she has other things going on, or she is just not as available as she used to be.

This book is also for guys that are married. The first thing a 3% man learns is that the courtship never stops. This book is for those guys that may have been married for some time and now your wife does not ever want to touch you. It is for those guys that maybe want to take their wives out to dinner and find that their women never want to spend any time with them.

I used to be one of those guys. Let me share *My Story*:

Growing up I remember having a lot of crushes on girls, but never getting the ones I wanted. When I tried to get the ones I wanted, my heart was usually stomped on. In high school, I would write letters to girls I liked or get my friends to ask them out for me. I was so scared of rejection I could barely talk to the ones I was really interested in. I felt completely inadequate around women in general.

Ever so slowly, I overcame my fear of just talking to them and took the safe approach by repressing my feelings. I decided to take the friendship route to their heart. I invested months in this process and

when I could no longer take it, I would tell them how I really felt. For some strange reason they still wanted to just be friends.

At the time I did not get it. Let me rephrase that: *I did not have a clue!* My senior high school prom was interesting. I had a crush on a girl in my class who had a boyfriend. While at a party I asked another girl I liked to go to prom and her response was: *I don't know you very well.*

In my infinite wisdom, I tried to reason with her and convince her to say yes. My assurances that we would get to know each other at prom and that I had a lot of popular friends did not seem sway her. I could not understand her logic. My thought was: *Hey, I'm a Senior and she's only a Junior.*

It didn't make sense to me. Here is the first clue, guys, her response actually meant: *No thank you, I am not interested in going out with you or getting to know you at all.* So why did she not just come right out and say that?

We'll get to that a little later. Back to prom: A friend of a friend set me up with yet another friend as a blind prom date. Well, once we pulled up in the limo to pick her up I realized she was much taller than I was. She was a volley ball player and a very nice girl, just like her friend said she was. We had fun together.

The next morning I realized why she set me up with her very tall friend. She had ulterior motives. My friend Carl's date had asked him to the prom. Carl had asked me to ask one of the cheerleaders that was a friend of mine to prom for him. She said: *No thanks.*

He was the type of friend that would do anything for anyone. He was a great guy, but unfortunately he knew as much about women as I

did, which was nothing. The girl that went with Carl only wanted someone to go with; she had no real interest in him. Carl promptly decided to fall in love with her. Once we were all back at the hotel Carl got pretty upset when he tried to make his move and got rejected. He had a lot to drink and kept going on and on about how he had been rejected by his date to everyone he saw.

Our senior class had the whole floor of the hotel. You can imagine what was going on with all those unsupervised drunk teenagers. The next morning, I woke up to my feet being rubbed by the friend that had set me up with my prom date. She was dating another friend of mine and apparently had a crush on me.

At the time I thought: *Great, another one who wants me that I don't want her, and the one I do want is with someone else.* I had a crush on someone else who had a boyfriend. That's pretty much how my life went on for a few years after that. I seemed to always want a girl that was unavailable or had no interest in me. I figured over time she would fall for me. If I could just be a nice enough guy, then she would like me. It never worked. Nice guys always seem to finish last. Why is that?

I kept trying to figure women out. I became better at approaching them with time, but back then I used alcohol to overcome my insecurities. In the next few paragraphs I have included brief stories of the ones I felt were turning points in my life or when I learned a great deal more that helped to lift the cloudy veil from my understanding of women.

When I was 24, I met a girl that was a friend of one of my best buddies. I was instantly enamored with her and better yet, she really seemed to like me. I got her number and called her at work and she

said she would call me back later. The next day she actually *did* call me back. I was stunned. I had a live one!

She did a lot of the talking. I didn't say much at the time because I was in shock. I just kept asking questions because I wanted to know everything about her. To me she was a perfect 10: Long, dark, straight hair, beautiful hazel eyes, very tan skin, 105 pounds and 5'-2". She was really sweet and friendly and very forward. She asked me if I wanted to go to lunch, and I told her I would have to check my schedule and get back to her.

*I am kidding.* I made plans right there on the spot. I was a project engineer at the time for a construction company in Ft. Lauderdale, Florida, working with a project right on the ocean. She showed up for our date, on time, and in this unbelievably tight outfit with very short shorts showing her amazingly heavenly figure off. She took my breath away, as well as that of everyone else sitting at the conference table in the onsite construction office.

I felt like I was walking on air as I casually strolled over to give her a hug. She smelled like candy. When we walked outside, she was chatting away and touching my arm. She just seemed so happy to be there with me. I was in shock and my stomach was in knots. We sat there and had lunch I was in awe. God had finally blessed me with the woman of my dreams, and one who amazingly enough seemed so interested in me.

After the date, I did nothing all afternoon except fantasize about how the rest of my life was going to be: Where we were going to live, how beautiful our kids were going to be, what it would be like making love to her, and on and on. She called me later on that night and we talked for hours. As the days went by she just kept calling me and was

really aggressive. We went out for lunch the next week and met out for drinks a few times.

I remember one night when I took another guy friend and met her out at a night club her father owned. She seemed to know everyone there. Every time we got to talking, someone else would take her away from our conversation. After a while my friend wanted to go somewhere else. I hadn't seen her for a while, so we left. Early the next morning she called and asked: *Where did you go last night? I was looking everywhere for you.* My only thought was: *What?*

The night before I had felt as though I was just another guy and she had lost interest in me. I put it off as a figment of my imagination and I was back in the game. This went on for a few more weeks until all her calling stopped. I called her and received no answer. The next day she called me at home and left a message to say she was calling me back. She knew I wasn't home and would be at work. She usually called my pager when she wanted to get a hold of me.

Finally, she no longer returned my calls. I was devastated. My dream girl did not want me. I was stunned. I sent her flowers. She called to say thanks but then gave me an answer I didn't understand when I asked her to go out with me again. Needless to say, she no longer wanted anything to do with me. It hurt even more when I heard she was dating another guy. I thought: *How could she just toss me aside like that?*

About six months later I met the girl who would become my first wife. We met on a Friday night. I was leaving our favorite hangout with my friend Sean, and a mutual friend of ours P.K. ran after me to tell me that her friend Shane really had the *hots* for me and wanted to meet me. Sean and I walked back in and I confidently strode up to her.

I really wanted to leave, but I thought: *Hey, this cute girl really likes me.* So I gave her my business card and told her to call me. She replied: *I don't call guys, so here is your card back and I'll give you my phone number if you like.* I was a little surprised, but I took her number. I called her early the next week to ask her out and talked to her mother. I never heard back from her.

The following Friday I ran into P.K. again and she asked: *What ever happened with Shane?* I told her I had left a message with Shane's mother and never heard back from her. P.K. said: *I guarantee she did not get the message because her parents never tell her when someone calls for her.* She told me I needed to call her again.

Early the next week I called and actually got her on the phone. We made a date for that Thursday. We went out and had a really good time.

We dated for about a year and a half, and then I decided I wanted to move to Orlando because I just loved everything about the city. Everything was new and growing and I just felt like it was the place for me. Shane told me the only way she would move to Orlando is if we were engaged to get married. So I went ahead and bought an engagement ring.

After getting the ring, I remember feeling as though it was not the right thing to do, and that I was not ready to get married. I didn't want to lose my relationship with Shane and proposed anyways. Even afterwards I had doubts. After talking to my friends, I came to the conclusion that I just had cold feet.

We did get married, but it was a difficult marriage. I wasn't happy in my career and wanted to start my own business. Neither one of us was fulfilled in the relationship with each other. A little over a year

after getting married we were down in Ft. Lauderdale at my friend Sean's wedding. I went out for a night on the town with P.K.'s husband and a friend of mine, Alan, while our wives stayed home.

We ran into two sisters we had gone to high school with. One of them I had had a huge crush on. We were both exploring spirituality and had an amazing conversation. She had been a cheerleader and I remember sitting there thinking about how I didn't feel this way about my wife. A few weeks later I decided it wasn't fair to either one of us to stay together. I was not giving her the love she deserved. It was the hardest thing I ever had to do, but I told her I did not want to stay together. We remained friends until she moved back home a few years later and we lost touch.

I was free, or so I thought. Free to find the type of woman I knew I really deserved and desperately wanted to be with. I did not date, or even want to date, for about six months. I just wanted to heal and get clear. I focused on my new business and personal growth.

When I felt ready, I started working on trying to find the type of woman I really wanted to be with. It was not long before I met one. From the moment I laid eyes on her she took my breath away. There was only one small problem. She had a boyfriend. I thought: *Just my luck. Yet another woman I want that is unavailable.*

Do you see a pattern here? I continued to date other women and about two years after meeting her, she became single again. I was at the bar where she worked and she was telling me that she had recently broken up with her boyfriend. I asked her for her number as usual and almost fell over when she gave it to me. I couldn't believe it. So I called her the next day and we set a date for a Saturday.

I took her out on my jet ski's, which were at a friend's lakefront house. We rode around on the water all day, stopping at a lakeside restaurant for lunch. For only the second time in my life I was on a date with the type of woman I really wanted to be with. The day was perfect and I was on cloud nine. I started fantasizing again about the future, what our kids would be like, where we would live, and what a fabulous life I would have with her.

Well, she was leaving on vacation and would be gone for a week. So when I thought she would be back, I sent her an email. I didn't hear from her for a couple of days. I thought she had blown me off. I was hurt, so I wrote a long nasty email accusing her of mistreating me and made an ass of myself. When she did finally get back in town, she sent a nasty email in return and told me to get lost. I tried apologizing for months afterwards but it did not do any good. She would not take my calls or return my emails. So there I was: Strike Two. I resolved not to get married again unless I found the type of woman I really wanted and knew I deserved.

When I was 30, I started picking through all the information I could get my hands on about how to understand women. Some of it went against everything I had believed to be right. My success with the ones I really wanted never got past the first few weeks, so I felt I had nothing to lose and everything to gain to try some of the information out.

I read some of the books and website articles out there and thought: *Now I have it!* I went out and started applying the principals and was amazed at how my being a challenge had a positive effect on the ladies' interest level. I dated one who claimed to have posed for Playboy. On our first date, she showed me the pictures to get my

opinion, expecting me to drool. I thought to myself: *Oh, my – those can't be real!* I maintained my composure and said they were nicely done.

After a few weeks, I realized that although she was physically a 10, everything else in her life was not exactly what I was looking for. I never called her again. For the first time, *I* blew off a beautiful woman. Now I started thinking that I really understood women and was a little full of myself. A few weeks later, I met a girl who just blew me away. I was intoxicated with her beauty and sex appeal.

We dated for a few weeks, and then things started getting a little squirrely. She started out calling me everyday, and I acted as though I knew what was really going on, even though I still had a lot to learn. Then she became less available and started telling me things that didn't make any sense when I asked her out. One example I remember is: *I'm not sure where I am able to be at this time in my life.* I thought to myself: *What the hell does that mean?* She told me about an operation she might have to have and other things going on that were supposedly hindering her spending time with me. She never did have the operation and I heard from mutual friends that she had been out on the town with an ex-boyfriend.

## **Why You Need To Read This Book More Than Once**

So I picked up my stack of books again, and must have read through them 15 times. I found that I had missed a lot of information. Studies show that people retain only 7-10% of what they read after reading it. That is why I am going to recommend you read this book

10-15 times if you really want to understand this material and have the relationship of your dreams.

I started applying the material I learned in earnest. It took about a month and a half of playing it cool until she went out with me again. It took me a year and a half to master the tools and techniques and get her to fall in love with me. I had finally done it. I got the lady of my dreams. We dated for about two years, and to this day are still great friends. I still spend some days with her daughter playing the role of a pseudo step dad. The relationship I have with them both has enriched my life with so much love and happiness, for which I am grateful.

After going through this whole process, I learned some valuable lessons about myself. My own insecurities and doubts about being enough of a man to attract the lady of my dreams had all been an illusion. I no longer feared beautiful women and was a completely centered and confident man. I notice as I walk around, whether in the mall, or grocery store, or wherever, I now get a lot of looks from women, whereas before they never seemed to notice.

Women have invisible radar that can feel a confident, centered man approaching. It's an amazing feeling to be able to walk up to any woman I want and strike up a conversation. It has been a long journey to get to this place. The next lady I met became my girlfriend for a year. With her I had an amazing relationship from the start.

Back in October, 2004, I sat down and made my list of the ideal woman that I wanted to bring into my life. In December 2004, about six weeks later, I went to an Tony Robbins event in Palm Springs, California called: *Date with Destiny*. It was a week-long event.

I remember walking in and they had these little ping pong balls. You would write your name on it and they assigned you a number.

This was for various drawings that they would be holding during the duration of the event. When you went to put it into the tumbler, they told you: *Put a good intention behind it!* The only prize I really wanted was to bring a new woman into my life – a soulmate. That was the intention that I put into my ball as I threw it into the tumbler.

The next day, which was actually the first day of the event, I saw this girl walk in. She was stunning and tiny, about 5’2. She just sort of strode into the room and sat down in the front row. I was sitting directly behind her. At that point, I didn’t get much of a glimpse of her face, but her body was perfect. Her pants were so tight that they looked to be painted on her, and she had the most perfect figure I had ever seen in my entire life.

At a Tony Robbins event, every 20-30 minutes or so, he has the participants stand up, stretch out, and get the blood flowing to keep you alert and awake to the information you are receiving. It was during a stretch break that she stood up and turned around, making eye contact with me. She had these big, beautiful brown eyes and long, straight blond hair. To me, she was physically perfect – everything that I had put on my list just six weeks before. I knew instantly that she was interested and that I was going to get to know her. Unfortunately, she left before the event was over the first night, so we didn’t get a chance to meet. The event lasted five days and there were only 1500 people attending, so I knew we would meet again before the event was over.

The next night I was coming out of the dining room of a restaurant at the hotel and there she was talking to her uncle, who was a friend of mine. At the time, I had no idea they were related. I went over and started talking to my friend, and noticed her looking at me the whole

time. I finally turned and asked her name, and then she asked mine. She also told me that she had noticed me sitting behind her the day before, and described what I had been wearing. That, in and of itself told me that she definitely had a high interest level.

Here is one of the first points I would like to emphasize, gentlemen. With her eye contact, her body language, her noticing of me, and many other little signs, I knew without a doubt that she had that high level of interest. I had come to a place in my life where I had been living these things for so long that my own personal radar was sharp. Just by looking at her, and feeling the way she looked at me, I instantly knew she had that high level of interest. I also somehow knew she was single. This is the place where you can get to, if you follow this material. It's a place where you don't have to think about it any more, it just becomes a part of who and what you are. You walk around with this total air of confidence, and women will notice.

I looked right at her and asked her to dinner the next night, with a specific time and place. She will tell you that my presence and confidence left her no choice but to accept. She told me that no one had ever asked her out by being so direct and sure of himself. She also told me later that guys had been coming up to her all week, with the: *Hey, would you like to get dinner or lunch and get to know each other* type of line. But the way they went about it said immediately that they were weak, and had no confidence. They weren't direct, and they gave no specifics, leaving it wide open. I just said: *Let's go to dinner, at this time, at this place*, and she went along with it.

We met the next night after the event was over and never did order dinner. We ended up having tea all night. We were talking so much, or I should say, *she* was talking so much. I let her do about 80%

of the talking, and I just kept asking her questions. I was totally fascinated by her. At about three o'clock in the morning when the cleaning crew started cleaning the carpet; we finally felt it was time to go. As we stood up to leave, I couldn't help myself. I reached across the table and started kissing her. Then I walked her back to her hotel down the street.

The rest of the week we were always with each other, as though we had been together for years. Even others who saw us thought we had been together for years. It was so effortless. We were holding hands and we were affectionate. I had no doubt of myself, I showed no fear, and I showed zero lack of confidence because of the little known secrets I had mastered. Because of the presence that I exuded, she hardly tested me at all.

We spent months at a time together over the next year. We explored various places – Paris, London, Colorado, sharing new discoveries around us and in each other. We had a lot of similar interests, and she was into personal growth and development. We communicated, which is a major point in relationships. I always knew where she was at, and how she felt toward me. I knew how to continually read her interest level, and how to see signs when I was becoming too complacent in the relationship.

Eventually we ended up going our separate ways. Neither of us was ready to make a commitment into marriage, and she went back to school in the U.K. I couldn't go from seeing her for several months at a time to seeing her for ten days every three months. I needed more than that. When we did end the relationship, it was hard. It was hardest because we both truly loved each other – and we still do.

Our whole time together while dating was effortless. We never fought or argued. We were always affectionate, loving, kind, and focused on giving to one another. We never focused on what we were getting from each other, or were jealous or needy. It was all about loving each other unconditionally and never being judgmental. Even when we decided to end our intimate relationship and see other people, we did it with love.

If two people truly love each other and want to be happy with their choice to go their separate ways, I do not think it is the loving thing to do to cut one another off from all communication. I actually think that makes it harder to heal. The hard part about a relationship ending is the finality of it all. Going from being each others' best friends to no longer speaking is not being loving in my opinion. It just seeks to hurt the other person. Many people feel that trying to hurt the other person will make them feel better.

I think sharing your feelings with each other when a relationship ends is very helpful and important to the healing process. The purpose of an intimate relationship, in my opinion, is to love each other and to help each other grow and become more. The only thing we lost when our relationship ended was the physical intimacy.

Any relationship is about giving. It is not about what you get. We decided we wanted to give a little differently than we did before. By loving each other through the transition, there was no need to hurt or feel a loss. The things that make a relationship hurt when it ends is the loss of all contact with the person we love. We built on what we had created in our year together, and therefore there was nothing to lose.

Once guys really understand women and are able to get into a relationship, they will eventually realize, like I did, that every

relationship is an opportunity for growth. Just because you absolutely adore and treasure the person you're with, it doesn't mean that you will spend the rest of your life with that person, or even marry them.

I read once that only 3% or 3 out of 100 men understand women. In my experience, this is an accurate figure. If you want relationship heartaches to be over and become one of the 3% of men that understand women, then read and apply the principals that are here. Then go back and read them again to retain the knowledge. When you think you have it down pat, read it again.

These are principals that I have learned from numerous sources and applied in my own life. I know they work and in the following pages you will find the truth to finally understanding women. I will not only give you the simple "how to" examples, but I will explain why things are the way they are from an emotional, spiritual, physical, and mental point of view.

The purpose of my life is to help others grow and become more. By understanding this, you can at least be in a relationship with someone that you absolutely love, treasure, and adore. They can help you to become and understand the type of man that you are totally capable of becoming. At the same time, you inspire and help her grow into everything she is capable of becoming as a woman. If the relationship reaches a point where it is not an opportunity for both people to continue growing together, then it's time to move on.

I have done all the hard work and spent many years of heartache and heartbreak to learn and understand this knowledge. If you choose to have faith and apply what you learn here, you will become attuned and will be able to read exactly what is going on with your lady

emotionally at every moment and completely understand what she needs. It will put you in the driver's seat in your intimate relationships.

You will be able to help your friends and family overcome their relationship struggles as well. However, I have found that very few people actually are open to learning new relationship skills. While you are learning this information and applying it, do not seek the advice of your friends unless you are 100% certain they understand women. It is very simple – unless they have the kind of relationship you wish to create in your own life, don't ask them for advice.

Enjoy the knowledge that appears in the following pages and I want you to know I have immense love, respect, and care for you and your desire to have the relationship of your dreams. I was once searching like you are now. I wanted to find the answer. I found a lot of answers from a lot of different sources and have put down in these pages the best of the information that I personally use myself.

It is important for you to understand that you should not read this book and then go out and settle down with the first woman you meet. This book is about finding the type of woman you feel you deserve to be with. Those feelings may change and evolve over time, as you change and evolve as a person. You may find the absolute perfect woman for you on day one, and then six months later realize that there are subtle differences you would make that would create an even better situation for you. It's about constantly refining your criteria, and in the meantime, having the experiences you need to get out of the way, so you can eventually focus 100% on the woman of your dreams. You won't have to spend your time with her wondering if the grass is greener on the other side of the fence. You will have been on the other side and experienced it.

I will focus on giving you tools for lasting change so you can permanently undo your not-so-desirable habits and bring out the amazing man you are inside – the one that all women are just dying to meet. The great news is that you already have this natural talent and ability inside. If you will allow me to coach you how to be comfortable being yourself, then you can be a 3% man and you will own the heart of your lady for life.

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## CONCLUSION

Once you master the understanding of women and feel your true center, it will spill over into other areas of your life. You will feel confident beyond anything you have ever felt before. You will feel more like a complete man and the inner strength that may have been somewhat dormant will come alive. This inner strength will cause you to strive to be more and to contribute more to yourself and others. It will be a feeling of peace and satisfaction because you now have a new understanding.

For me, it felt as though the chains on my heart were broken and I was able to become so much more of a man than I had ever dreamed of being. As you walk around and pay attention, you will start to notice how many people need this information. You may find yourself wanting to help those that want to be helped. Most importantly, living these principles of being a 3% man will unconsciously give permission to others to be like you.

People will start coming to you for advice because they will want to emulate your success with women. You become comfortable in your own skin and in being yourself. You will give your gifts to the world and your lady and will be indifferent to what comes in return. In other words, you are not attached to results and are not disappointed when a woman rejects you, has no interest in you, tests you, or things do not work out the way you wanted them to.

You accept what has shown up in your life as the way it's supposed to be and simply make the choices that continue to move you in the direction of what you really want. When your lady tests you, you will see it coming and find it cute, because you know exactly how

to pass her test with ease and have her come running back. Her tests are small and you pass them with ease. If you ever become complacent, you will recognize that her tests are becoming harder and instantly know what to do to turn it around.

You have become a 3% man.

To get your  
full copy of  
**How To Be A  
3% Man**

**CLICK HERE**

Sample Chapter